# HEALTH AND COLORS (VITILIGO)

## WHAT IS IT?

Vitiligo is a skin disease produced by a lack of melanin in some parts of the body.

### CONTROLLING CONCEPT What is melanin? Dark pigment located on the skin, which produce the coloring of hair, eyes and skin.

# 154.600.000

That's only a 1,5% of the world population! That's a big number, isn't it?

#### LET'S VIEW SOME CONCEPTS!

#### Characteristics

It is characterized by the appearance of irregular white spots on the skin

#### Percentage

This skin disease is not very common, as it is suffered by between a 1 or 2 percent of the world population.

#### Causes

The most common causes are:

- Stress
- Sunburn
- An immune system disorder
- family incidence.

#### Family incidence

A 20% of the people who suffer this, has another relative with this illness too, what means that is hereditary.

#### The color of the eyes

A research of the University of Colorado says that the color of the eyes influences in the probabilities of having vitiligo.

#### Symptoms

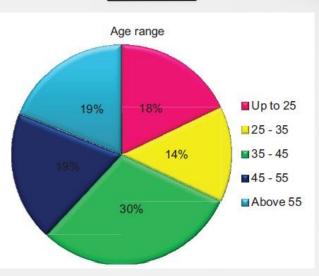
- > White stains on the skin (in parts such as hands or mouth).
- > Loss of melanin from hair.

DIAGNOSTIC

- > Lamp of Wood
- > Analyse of blood glucose
- > Thyroid analyse







This graph shows you the percentage of inhabitants of the world who suffer vitiligo in each age range



# PAY ATTENTION!

Vitiligo is not a contagious disease. Do not run away when you see a person with this.

10

#### ANIMALS WITH VITILIGO

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11

Horses, crocodiles, giraffes dogs, cats, zebras, chameleons, peacocks... Everyone can have this!

### FAMOUS PEOPLE WITH VITILIGO

Taliana Vargas Michael Jackson

Silvia Abril Juan José Bautista

#### Chantelle Brown-Young



12



#### CHANTELLE BROWN (WINNIE HARLOW)

When she was only a child, she was called "cow" or "zebra" at school. Now, Chantelle is a top model and ambassador of the famous brand *Tommy Hilfiger*.

13



#### JUAN JOSÉ BAUTISTA Martín (JUAN Y MEDIO)

A Spanish TV presenter. He decided to accept his vitiligo since he knew he had that. Juan didn't care about the critics and went ahead.

14



CAN BE THE VITILIGO A SINGLE STAIN?

Yes, of course. Vitiligo can appear only in the face or a single spot in a hand... CAN THE VITILIGO AFFECT TO THE HAIR?

The color of the hair can change if you have this disease.

~



16





"Being beautiful means being yourself. You don't need to be accepted by others. You need to be accepted by yourself"

Thich Nhat Hanh



# THANKS! I hope you liked that Begoña Fe de la Chica